

























Silverline Montessori

Breakfast and Lunch Menu

November 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>WEEK 1</u> November 1st – 3rd	<p style="text-align: center;"><u>Breakfast</u></p> <p>Fresh Fruit Scrambled Egg Buttermilk Biscuit Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>Sweet & Sour Chicken Nuggets w/Sauce Garden Blend Rice Mixed Vegetables Peach Diced Milk Water</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Sliced Strawberries Cheerios Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>Cheeseburger on Bun Lettuce/Tomato/Pickle Melon Fruit Cup Milk Water</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Orange Segments Wheat Toast Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>Turkey Bean Burrito Vegetable Slices Pineapple Chunks Milk Water</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Diced Melon Wheat English Muffin Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>Fish Sticks Couscous Confetti Coleslaw Applesauce Milk Water</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Applesauce Oatmeal Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>Meat Sauce Rotini Garden Pasta Vegetable Slices Kiwi Milk Water</p>
<u>WEEK 2</u> November 6th – 10th	<p style="text-align: center;"><u>Breakfast</u></p> <p>Hot Fruit Compote French Toast Sticks Milk Water</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Chicken Salad Wheatworth Crackers Broccoli Florets Pineapple Chunks Milk Water</p> 	<p style="text-align: center;"><u>Breakfast</u></p> <p>Sliced Strawberries Wheat Toast Milk Water</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Grilled Cheese Sandwich Parsley Carrots Melon Fruit Cup Milk Water</p> 	<p style="text-align: center;"><u>Breakfast</u></p> <p>Fruit Cup Biscuit and Gravy Milk Water</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Herb baked Chicken Green Beans Wheat Roll or Bread Rosy Pears Milk Water</p> 	<p style="text-align: center;"><u>Breakfast</u></p> <p>Melon Fruit Cup Toasted Bagel Cream Cheese Milk Water</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Meat Tacos Creamed Corn Shred Lettuce & Diced Tomato Orange Segments Milk Water</p> 	<p style="text-align: center;"><u>Breakfast</u></p> <p>Banana Slices Rice Krispies Milk Water</p> <p style="text-align: center;"><u>Lunch</u></p> <p>Beef Patty Brown Gravy on Side Sliced Potatoes Whole Wheat Bread Fruit Salad Milk Water</p> 
<u>WEEK 3</u> November 13th – 17th	<p style="text-align: center;"><u>Breakfast</u></p> <p>Hot Cinnamon Apples Whole Grain Waffles Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>Baked Chicken Rotini Garden Pasta Broccoli Cuts Fruit Cup Milk Water</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Peach Diced Buttermilk Biscuit Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>Chopped Beef Steak Brown Gravy on Side Brown Rice Mixed Vegetables Mandarin Oranges Milk Water</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Blueberries Oatmeal Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>BBQ Chicken Confetti Coleslaw Wheat Roll or Bread Pear Slices Milk Water</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Banana Slices Cheese Slice Wheat Toast Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>Meat Sauce Spaghetti Cooked Squash Fruit Cup Milk Water</p>	<p style="text-align: center;"><u>Breakfast</u></p> <p>Sliced Strawberries Rice Chex Milk Water</p>  <p style="text-align: center;"><u>Lunch</u></p> <p>Turkey & Cheese Sandwich Ranch Dip Cucumber Slices Fruit Salad Milk Water</p>

<p><u>WEEK 4</u></p> <p>November 20th – 24th</p>	<p><u>Breakfast</u> Banana Slices Corn Flakes Milk Water</p> <p><u>Lunch</u> Chicken and Rice Peas and Carrots Pineapple Tidbits Milk Water</p> 	<p><u>Breakfast</u> Orange Segments Wheat English Muffins Cream Cheese Milk Water</p> <p><u>Lunch</u> Chicken Quesadillas w/Salsa Tossed Salad Peach Slices Milk Water</p> 	<p><u>Breakfast</u> Pineapple Chunks French Toast Sticks Milk Water</p> <p><u>Lunch</u> Baked Chicken Fiesta Corn Wheat Roll or Bread Apple Slices Milk Water</p> 	<p>Closed in Observation of Thanksgiving</p> 	<p>Closed in Observation of Thanksgiving</p> 
<p><u>WEEK 5</u></p> <p>November 27th – 30th</p>	<p><u>Breakfast</u> Hot Cinnamon Apples English Muffin Milk Water</p>  <p><u>Lunch</u> Sloppy Joe on Wheat Bun Green Beans Peach Diced Milk Water</p>	<p><u>Breakfast</u> Banana Slices Cheese Toast/ Wheat Milk Water</p>  <p><u>Lunch</u> Herb baked Chicken Mashed Potatoes Cooked Squash Fruit Cup Milk</p>			